

Services for Children and Families living in Beechboro

Directory of Services

Please note that the Department for Communities can provide an extensive range of assistance in most of the categories listed. Department for Communities Gordon Stephenson House 140 William St, Perth WA. 6000 General Enquiries 8am-5pm Mon-Fri: 6217 8700 A/H: 1800 199 008 (free call STD) or Crisis Care 9223 1111

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SCHOOLS Beechboro Christian School

Address: 375 Marshall Road, Bennett Springs 6063 Phone: 9377 5211 Email: <u>beechboro@scea.wa.edu.au</u> Website: www.beechborocs.wa.edu.au

Beechboro Primary School

Address: 20 King Road, BEECHBORO 6063 Phone: 9377 5500

East Beechboro Primary School

Address: Brockmill Avenue, BEECHBORO 6063 Phone: 9279 7299 Email: eastbeechboro.ps@det.wa.edu.au

John Septimus Roe Anglican Community School

Address: Blackboy Way, BEECHBORO 6063 Phone: 9247 2242 Email: info@isracs.wa.edu.au

West Beechboro Primary School

Address: Avignon Way, BEECHBORO 6063 Phone: 9377 6091 Email: WestBeechboro.ps@det.wa.edu.au

CHILD CARE Altone Park Leisure Centre Holiday Program

Vacation Care Address: Altone Park Leisure Centre, 322 Benara Road, BEECHBORO 6063 Phone: 9377 6181

Beechboro Child Care Centre

Long day care Address: 477 Beechboro Road, BEECHBORO 6063 Phone: 9377 4762

Brockman House

Long day care, before and after school care, vacation care Address: Brockman House, 27 Hull Way, BEECHBORO 6063 Phone: 9279 1588

John Septimus Roe Anglican Community School OSHC – Beechboro

Before and after school hours care, vacation care Address: Blackboy Way, BEECHBORO 6063 Phone: 9247 2242

PLAYGROUPS

Playgroup WA

Assistance, support, workshops, resources and guidelines to people wanting to establish a playgroup, consultation services to agencies planning to start playgroups and supported playgroup programs for disadvantaged groups. Address: 1-3 Woodville Lane, NORTH PERTH 6006 Phone: 9228 8088 Freecall: 1800 171 882 Email: <u>hotline@playgroupwa.com.au</u> Website: <u>www.playgroupwa.com.au</u> Opening hours: Monday to Friday – 9:00am to 4:30pm

Brockman Community House Playgroup

Address: 27 Hull Way, BEECHBORO 6063 Phone: 9279 1588 Email: joy@brockmanhouse.net Website: www.brockmanhouse.net Monday 9.30am-11.30am; Tuesday 9.30am-11.30am; Wednesday 9.30am-11.30pm; Thursday 9:30am-11:30am; Friday 9.30am-11.30am

Kadadijiny Aboriginal Playgroup

Address: Meerilinga Beechboro Children and Family Centre, 106 Amazon Drive, BEECHBORO 6063 Phone: 9377 4749 Email: <u>apss@meerilinga.org.au</u> Tuesdays - 10:00am to 12:00pm

Natural Parenting Playgroup

Address: Meerilinga Beechboro Children and Family Centre, 106 Amazon Drive, BEECHBORO 6063 Phone: 9377 4749

<u>HEALTH</u>

After Hours GP Medicare bulk billed

Phone: 9328 0418 Email: <u>www.afterhoursgp.com.au</u>

Altone Medical Centre

Address: 2 Hull Way, BEECHBORO 6063 Phone: 9279 1079

Amazon Drive Medical Centre

Address: Shop 11, 161 Amazon Drive, BEECHBORO 6063 Phone: 9378 9111

Amazon Family Practice

Address: 483 Beechboro Road, BEECHBORO 6063 Phone: 9377 7277

Beechboro Child Health Centre

Address: Meerilinga Beechboro Family Centre, 106 Amazon Drive, BEECHBORO 6063 Phone: 9377 4748

Beechboro Family Practice

Address: Unit 2, Springs Shopping Centre, Corner Beechboro Road North and Bridgeman Drive, BEECHBORO 6063 Phone: 9377 7002

Derbal Yerrigan Health Services INC.

Services for Aboriginal and Torres Strait Islanders include GP, ear and eye health, physiotherapy and home and community care program Address: 22 Chesterfield Road, MIRRABOOKA 6061 Phone: 9344 0444 Opening hours: Monday to Friday - 8:30am to 5:00pm

Ishar Multicultural Centre for Women's Health

Provides information and support services for women of all cultures Address: Mirrabooka Community Offices, 8 Sudbury Place, MIRRABOOKA 6061 Phone: 9345 5335 Opening Hours: Monday to Friday – 9:00am to 4:00pm

Joondalup Health Campus

Address: Corner Grand Boulevard and Shenton Avenue, JOONDALUP 6027 Phone: 9400 9400

King Edward Memorial Hospital for Women

Emergency Obstetrics and Gynaecology, Foetal Medicine, Neonatal Department, Obstetrics and Gynaecology Department, Adolescent Antenatal Clinic. Address: 374 Bagot Rd, Subiaco 6008 Phone: 9340 2222 or 9340 1799 (Mother & Baby Unit) Email: wch@health.wa.gov.au

Medicare

Morley

Address: Shop 177, Centro Galleria, Corner Collier Road and Walter Road, MORLEY 6062 Opening hours: Monday to Friday - 9:00am to 5:00pm

Midland

Address: Midland Gate Shopping Centre, 274 Great Eastern Highway, MIDLAND 6056

Meerilinga Nutrition Program

Address: 22 Southport Street, WEST LEEDERVILLE 6007 Phone: 9489 4022 Email: <u>nutrition@meerilinga.org.au</u>

Princess Margaret Hospital for Children

Children's hospital with adolescent medicine. Address: Roberts Road, SUBIACO 6008 Phone: 9340 8222

St John's First Aid Courses

St John's conducts a number of first aid courses with some courses available to be conducted in home. For more information contact the course coordinator on 9334 1480. Website: www.stjohnambulance.com.au

Swan District Hospital Campus

Address: Eveline Road, MIDDLE SWAN 6056 Phone: 9347 5244

FAMILY SUPPORT

Aboriginal Early Years Support Service

The Aboriginal Early Years Support Services builds on cultural strengths within Aboriginal families to support them to meet the needs of their children for their first three years. Address: Pat Giles Centre, 11 Burlos Court, JOONDALUP 6027 Phone: 9300 0340 Opening Hours: Monday to Friday – 9:00am to 4:30pm

Aboriginal Parent Support Scheme (Meerilinga)

The Aboriginal Parent Support Service's Aboriginal team work alongside parents and families to support and empower families to develop their own parenting knowledge and skills and to enjoy the experience of parenting. Phone: 9377 4749 Email: apss@meerilinga.org.au

Anglicare

Anglicare supports people, families and their communities to cope with the challenges of life by building their resilience and capacity. Joondalup offer a number of services for children and families including the family relationship centre, children's contact services, children's family and domestic violence service, men's services and relationship counselling and education.

Address: Suite 4, First Floor, Sanori House, 126 Grand Boulevard, JOONDALUP, WA 6027 Phone: 9301 8555

Australian Red Cross WA

In Western Australia, The Australian Red Cross provides many services for families including birth and toddler support, family support services for multiple birth babies and families coping with postnatal depression, infant restraint hire and first aid health and safety services. Address: 110 Goderich Street, East Perth 6004

Phone: 1800 810 710 Email: <u>wareception@redcross.org.au</u>

Beechboro Child Health Centre

Address: 106 Amazon Drive, BEECHBORO 6063 Phone: 9377 4748

Best Start

Best Start recognises Aboriginal ways of bringing up children and builds on these cultural strengths. Programs for Aborignal and Torres Strait Islanders include playgroups, nutrition and health education programs, early language and numeracy skills and integration into preprimary programs at school <u>Midland Coordinator</u> Cynthia Dann Address: 281 Great Eastern Highway, MIDLAND 6056 Phone: 9274 9411 Email: <u>Cynthia.Dann@communities.wa.gov.au</u>

Brockman House

Services include adult education programs, family support courses and community based child care Address: 27 Hull Way, BEECHBORO 6063 Phone: 9279 1588 Email: <u>admin@brockmanhouse.net</u> Website: <u>www.brockmanhouse.net</u> Opening hours: Monday to Friday - 8:00am to 5:00pm

Child Development Service: Lockridge

Address: 32 Weddall Road, LOCKRIDGE 6054 Phone: (08) 9279 0100

CLAN

Services include family skills courses, home visiting programs and mental health and well being courses Address: Sudbury House, 30 Chesterfield Road, MIRRABOOKA 6061 Phone: 9440 3595

Centrelink - Centrelink Customer Service Centre Mirrabooka

Address: 22 Chesterfield Road, MIRRABOOKA 6061 Opening Hours: Monday to Friday – 8:00am to 5:00pm

Morley

Address: 38 Rudloc Road, MORLEY 6062 Opening Hours: Monday to Friday – 8:00am to 5:00pm

Midland

Address: 15 Keane Street, MIDLAND 6056

Centrecare

Services include family relationship counselling, post pregnancy counselling, men in family relationships service, adolescent mediation and family therapy, children's groups and counselling, emergency relief, financial counselling and general counselling plus Mirrabooka has the Centrecare Parent Link Home Visiting Service for parents with children of up to six years living in Ballajura and surrounding suburbs Address: 12 Brewer Place, MIRRABOOKA 6061 Phone: 9440 0400 Email: mirrabooka@centrecare.com.au

Centrecare Family Relationship Centre Midland

The Midland Family Relationship Centre works to strengthen family relationships and prevent family breakdown by providing the following services: information for families, help for families to use other services and assistance for separating families. Address: Unit 17/53 The Crescent, MIDLAND 6056 Phone: 9436 0600 Email: <u>midland@centrecare.com.au</u> Opening Hours: Monday to Friday – 8:30am to 4:30pm

Department for Child Protection

The department's major focus is on meeting the needs to vulnerable children and families. It is responsible for protection and caring for children and of supporting people at risk of crisis. Phone: 9222 2555 or 1800 622 258 (Freecall STD) <u>Mirrabooka</u> Address: 8 Sudbury Place, MIRRABOOKA 6061 Phone: 9344 9666 <u>Midland</u> Address: 281 Great Eastern Highway, MIDLAND 6056 Phone: 9274 9411

Family Support WA

Family Support WA offers support for people with disabilities and their families including respite, in home support, holiday camps and sibling support. Address: 80 Landsdale Road, DARCH 6065 Phone: 9303 4660 Email: <u>info@familysupportwa.org.au</u> Website: <u>www.familysupportwa.org.au</u>

Lockridge Community Health Centre

Address: 32 Weddall Road, LOCKRIDGE 6054 Phone: 9279 0100

Meerilinga Children and Family Centre Ballajura

Address: 2 Community Mews, BALLAJURA 6066 Phone: 9249 7270 Email: <u>ballajura@meerilinga.org.au</u>

Meerilinga Children and Family Centre Beechboro

Services include playgroups, early learning program, parenting support, home visiting services and Aboriginal parent support service. Address: 106 Amazon Drive, BEECHBORO 6063 Phone: 9377 4749

Meerilinga Central Administration Office

Address: 22 Southport Street, WEST LEEDERVILLE 6007 Phone: 9489 4022 (Regional: 1800 200 702) Email: <u>mycf@meerilinga.org.au</u>

Meerilinga Early Learning Program

Designed for children aged 3 years, this vibrant, child centred program, held on a sessional basis every Tuesday and Thursday during each school term, promotes co-operation and collaboration.

For more information or to add your child to the waiting list for next term phone the Centre Coordinator on 9377 4749. The program is available at the Meerilinga Beechboro Family Centre.

Meerilinga Parenting Services (North Metropolitan)

Meerilinga's parenting services support and resource families with children from birth to 12 years of age. The aim of the service is to help strengthen families by assisting them in accessing parenting information and resources including individual consultations, group work, community education and interagency collaboration. Address: 106 Amazon Drive, BEECHBORO 6063 Phone: 9377 4749 Email: parenting2@meerilinga.org.au

Ngala Noranda Family Centre

Address: Corner Garson Court and Forder Road, NORANDA 6062 Available to hire plus many activities run by different agencies and organisations including Ngala parenting and play time and consultations. Phone: 9368 9325 Email: <u>noranda@ngala.com.au</u>

Parenting WA

Parenting WA offers an information, support and referral service to parents, carers, grandparents and families with children up to 18 years of age.

Parenting Coordinators

<u>Mirrabooka</u> Contact: Rebecca Forte Phone: 9440 0011 <u>Midland</u> Contact: Sue Marsh Phone: 9247 1666

Stand By Me Youth Services

Counseling and mediation for parents and adolescents, practical and emotional support and advocacy for young people who are offending or at risk. Address: 322 Benara Road, BEECHBORO 6063 Phone: 9377 4022 Email: <u>sbmys@iinet.net.au</u> Website: <u>www.standbymewa.org.au</u> Opening hours: 9:30am to 5:30pm

StrongFamilies

The aim of the StrongFamilies process is to draw together the energy and experience of different agencies and support groups, moulding these into a single seamless source of help and support for families experiencing difficult and complex problems. For more information contact the North Metro (Joondalup) coordinator Call: 9403 5893 or 0429 083 299

Swan Valley Child & Adolescent Mental Health Service

Address: 36 Railway Parade, MIDLAND 6056 Phone: 9250 5777

IN HOME SUPPORT Altone Home Visiting

A free service that provides support for the parents and carers of children aged between birth and 5 years. Address: 106 Amazon Drive, BEECHBORO 6063 Phone: 9377 4749 Email: <u>parenting3@meerilinga.org.au</u>

Best Beginnings

Best Beginnings is a home visiting service for families of new infants. It involves regular visits to your home by caring, trained professionals who provide support, advice, information, connections and practical help. Mirrabooka - 9344 9666 Midland - 9250 6004 or 9250 60 Opening hours: Monday to Friday - 8:30am to 5:00pm

<u>Ngala</u>

Ngala offers In Home Services which are available to those living in the Perth Metropolitan area. This services offers parenting support. For further information contact: Ngala on 9368 9368.

Parenting WA - Mirrabooka/Midland

Parenting WA and their Coordinators support families with children up to eighteen years. They run individual and group parenting programs and workshops. Parenting WA provide free home visiting programs to support parents. Home visiting programs are available to those living in the Ballajura area and surrounding suburbs via the Mirrabooka or Midland office.

For more information contact Rebecca Forte (Mirrabooka) on 9440 0011 or Sue Marsh (Midland) on 9247 1666

<u>Wanslea</u>

Wanslea focuses on the strengths of the individual and the family, helping people to build on what is working well for them and building their capacity to better meet life's challenges. Wherever possible, Wanslea will deliver services in home. Joondanna Address: 56 Green Street, JOONDANNA 6060 Scarborough Address: 110 Scarborough Beach Road, SCARBOROUGH Phone: 9245 2441

White Oak

Mum and new born care in home services which provide practical and emotional support for new mums and their families following the birth of child. Address: 14/115 Grand Boulevard, JOONDALUP 6027 Phone: 9301 0299 Email: <u>info@whiteoak.com.au</u>

HELPLINES Centrelink Helplines Family Assistance Office

Helps families with the cost of raising children Phone: 13 6150 Website: www.familyassist.gov.au Family tax benefit Part A and B, Child Care Benefit, Parenting Payment, Double Orphan Pension, Health Care Cards, Baby Bonus, Maternity Immunisation Allowance, and Jobs, Education and Training enquiries

Indigenous Call Centre

Phone: 13 6380 Indigenous Australians living in regional and remote areas can talk about Centrelink payments and services

Multilingual Service

Phone: 13 1202 People from culturally and linguistically diverse backgrounds needing information in languages other than English.

<u>Seniors</u>

Phone: 13 2300 Age Pension, Pensioner Concession Cards, Bereavement assistance, Widow B Pension, Wife Pension, and Commonwealth Seniors Health Card enquiries.

Youth and Student Services

Phone: 13 2490 Enquiries for Youth Allowance, Austudy, Pensioner Education Supplement and Low Income Health Care Card

Child Care Access Hotline

Information on location of child care services, types of child care available, how to claim benefits and rebates, up to date vacancies and fee information Phone: 1800 670 305 (freecall) Opening hours: Monday to Friday – 8:00am to 9:00pm Website: www.mychild.gov.au

Crisis Care Helpline

Crisis Care is a telephone information and counselling service for people in crisis needing urgent help. It operates 24 hours, 7 days a week. Call: 9223 1111 or 1800 199 008

Family Help Line

The family helpline is a confidential telephone counselling and information service for families with relationship difficulties. It operates 24 hours, 7 days a week. Call: 9223 1100 or 1800 643 000

Kids Help Line

Kids Help Line is Australia's only free, confidential and anonymous, 24-hour telephone and online counselling service specifically for young people aged between 5 and 25. Call: 1800 55 1800

Lifeline

Lifeline provides access to crisis support, suicide prevention and mental health support services. It operates 24 hours, 7 days a week. Call: 13 11 14

Ngala Family Resource Centre

Free call helpline for parenting information, strategies and referral to community services. Call: 9368 9368 or 1800 111 546 (country access)

Parenting WA Line

Telephone information and support services on parenting It is available 24 hours a day, 7 days per week. Call: 6279 1200 or 1800 654 432

Poisons Information Line

24 Hour advices on all exposures to poisons, medicines, plants, bites/stings Phone: 13 11 26

Pregnancy Helpline

Information on pregnancy support services in available in your region. Phone: 1300 139 313 Email: <u>info@pregnancysupport.com.au</u> 24 hours a day, 7 days per week

Women's Information Service WA (WIS)

The WIS provides support and information for a range of issues including health issues, finances, legal matters, counselling and domestic violence. Phone: 6217 8230 or 1800 199 174 (freecall for country callers) Opening hours: Monday to Friday – 9:00am to 5:00pm Email: wis@communities.wa.gov.au

JUNIOR SPORTS Beechboro Junior Football Club

Phone: 9279 8700 Website: <u>www.swandistrictsfc.com.au</u>

Beechboro Little Athletics Club

Phone: 0433 432 684

Beechboro Lockridge Junior Cricket Club (Inc.)

Junior cricket competition for children aged 4 to 17 years. Phone: 0408 437 973 (registrar) Email: <u>bljcc1@hotmail.com</u> Website: <u>www.bljcc.wa.cricket.com.au</u>

Eastern Blades Hockey Club

Phone: 0412 164 179 Email: <u>writer@bigpond.com</u> Website: <u>www.easternblades.org.au</u>

Rhee Martial Arts

Address: Lockridge SHS Gym, Benara Road, BEECHBORO 6063 Phone: 9275 5050 Email: <u>info@rheetkd.com</u> Website: <u>www.rheetkd.com</u>

Yoseikan-Ryu Karate

Karate for all ages Address: Altone Park Leisure Centre, 332 Benara Road, BEECHBORO 6063 Phone: 9401 3163 Email: <u>voseikan@optusnet.com.au</u> Website: <u>www.yoseikan-ryu.netb</u>

OTHER Altone Park Leisure Centre

Includes the Altone Park Aquatic Centre Address: 332 Benara Road, BEECHBORO 6063 Phone: 9377 6181 Email: <u>altone.park@swan.wa.gov.au</u>

Altone Park Public Library

Rhymetime - introduces babies (aged 6 to 24 months) to the joy of books, rhymes, songs and the library; Held fortnightly on Thursdays from 10:0am Storytime - involves stories, rhymes, crafts and lots of fun for parents and children aged 2 to 5 years; Held every Wednesdays and Thursday from 11:00am Address: 332 Benara Road, BEECHBORO 6063 Phone: 9377 7760 Email: <u>altone.library@swan.wa.gov.au</u> Opening hours: Monday to Thursday 9:00am-7:00pm; Friday: 9:00am-5.30pm; Saturday 9:00am-12:00pm.

Beechboro Kumon Education Centre

Address: Beechboro Lodge, Corner Amazon Drive & Darwin Crescent, BEECHBORO 6063 Contact: Cora Lam Phone: 0450 168 618 Email: <u>kumonbeechboro@gmail.com</u>

Beechboro West Swan Scout Group

Address: Lot 17, Lord Street, BEECHBORO 6063 Phone: 0417 937 970 Email: <u>gl.beechboro@scoutswa.com.au</u> Web: <u>www.scoutswa.com.au</u>

Children's Week

Children's Week is a national annual event held in October to coincide with the United Nation's Universal Children's Day. Meerilinga Young Children's Foundation Inc, has been the conveyer of Children's Week for over 30 years. Events include The WA Children's Week Awards and the Awards Presentation Ceremony plus the highly anticipated Family Funsafe Day. For more information contact Phone: 9489 4022 or 1800 200 702 (regional) Email: <u>info@childrensweekwa.org.au</u> Website: www.childrensweekwa.org.au

Humpty Dumpty Toy Library

Address: Altone Park Leisure Centre, 322 Benara Road, BEECHBORO 6063 Phone: 9378 9590 (President) Email: <u>humptydumptytoylib@gmail.com</u> Opening hours: Saturdays – 10:00am to 12:00pm

Meerilinga Training College

Address: 22 Southport Street, WEST LEEDERVILLE 6007 Phone: 9489 4022 (Regional: 1800 200 702) Email: <u>mtc@meerilinga.org.au</u>

Police

Police Assistance - 131 444 Emergency – 000

<u>Kiara</u>

Address: 163 Morley Drive East, KIARA 6054 Phone: 9376 7000 Include: Ashfield, Ballajura, Bassendean, Beechboro, Eden Hill, Kiara, Lockridge and Malaga