

Books, DVD's and CD's for Fathers



Books

Fatherhood / Parenthood

The Dad Factor, Richard Fletcher, 2011, Finch, Australia.

Me and My Dad - Heroes Together, Sally Morgan and Ezekiel Kwaymullina, 2010 The Dad Factor, Dr Richard Fletcher, 2011, Finch, Australia.

Everything You Need to Know About Playgroup, Kaye Plowman, 2010, 4th Edition, DEECD, Victoria, Australia.

What's Happening to our Boys?, Maggie Hamilton, 2010, Penguin, Australia.

Welcome to your new baby, 2009, WA Department of Health, Australia. (Soft cover publication provided to new parents by Child Health Clinics). Also available online – see “Downloadable publications” section below.

Raising Boys – Why boys are different and how to help them become happy and well balanced men, Steve Biddulph, 3rd ed. 2008, Australia (Note: See more titles on the transition from boyhood to manhood in the section below ‘Men, manhood, men’s issues’).

Fathers and their Daughters, Bruce Robinson, 2008, Macsis Publishing, Perth, Australia.

Father and Child Reunion: How to bring the dads we need to the children we love, Dr Warren Farrell, 2008, New York, USA.

The Blue Book of Tips for Fathers and Father-Figures, Bruce Robinson - The Fathering Project, 2007, Macsis Publishing, Perth, Australia [pocket-size, 36pp].

Taking Care of Yourself and Your Family, 2007, John Ashfield, Country Health SA, Australia.

Father Your Son: How to become the father you've always wanted to be, Dr Stephan Poulter, 2004.

Fathers After Divorce, Michael Green, 2002, Finch Publishing, Australia.

Believing it All: What my children taught me about life, 2001, Marc Parent.

Raising Real People: Creating a resilient family, Andrew Fuller, 2002, Acer Press, Victoria, Australia.

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Books (continued)

Fathering from From the Fast Lane, Bruce Robinson, 2001, Finch Publishing, NSW, Australia.

The Father's Book: Being a good dad in the 21st century, David Cohen, 2001, Wiley, UK.

A Man's Guide to Raising Kids, Michael Grose, 2000, Random House, Australia.

Self Esteem for Boy: 100 tips for raising happy and confident children, Elizabeth Hartley-Brewer, 2000, Random House, UK.

On Their Own: Boys growing up unfathered, Rex McCann, 2000.

Dads, Toddlers and the Chicken Dance, Peter Downey, 1997, Simon and Schuster, Australia.

The 60 Minute Father, Rob Parsons, 1997, Hodder and Stoughton, UK.

Chicken Soup for the Father's Soul, Jack Canfield, 1993, Health Communications, USA.

Note: There are also chapters on fatherhood in most of the books listed below under the section 'Men, manhood, and men's issues'.

Own Father, Grandfather

Dad Stories, 2007, Edited by Doug Doran & John Holton, Dokter Press, Victoria, Australia.

Activities with Children

Kicking Around Perth: Kids activities in Perth, WA Newspapers, Perth.

Perth's Ultimate Activity Guide, Frankie Pennington, 2005, Advance Press, Australia.

The Reading Bug ... and how you can help your child to catch it, Paul Jennings, 2003, Victoria, Australia.

Men, Manhood, Men's Issues

The New Manhood, Steve Biddulph, 2010, Finch, Australia

Men's Health and Well-Being, an A-Z Guide, Greg Millan, 2010, Longueville Media, NSW, Australia

Regular Joe vs Mr Invincible: The battle for the true man, Dr Elizabeth Celi, 2010, Quality Living, Australia

Marking Life's stages: appropriate rites of passage for men and boys, Don Bowak, 2008, NSW, Australia

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Matters for Men, John Ashfield / South Australian Rural Men's Health Alliance, 2007, Peacock, Australia.

What Men Don't Talk About, Maggie Hamilton, 2006, Penguin, Australia.

He'll Be OK: Growing gorgeous boys into good men, Celia Lashlie, 2005, New Zealand.

Man Making: Men helping boys on their journey to manhood, Earl Hipp, 2000, Human Resource Development, USA.

Secret Men's Business: Manhood: the big gig, John Marsden, 1998, Australia.

Manhood: An action plan for changing men's lives, Steve Biddulph, 1997, 3rd ed. 2003, Finch Publishing, Australia.

Death of a Hero, Birth of a Soul, John C. Robinson, 1997, Council Oak Books, USA.

Everyman, Derek Llewellyn Jones, 1991, Oxford University Press.

Fire in the Belly, Sam Keen, 1991, Bantam, USA.

DVD's

Behind the Mask: the Hidden Struggle of Parenthood, PANDA and the Gidget Foundation, 2010 Australia. www.panda.org.au

Blokes, Babies, Breastfeeding, Warwick Shanks, NSW, 2010.
www.blokesbabiesbreastfeeding.com

Being Dad 1, Beyond Home Entertainment, 2008, Australia, 84 minutes.

Being Dad 2, Beyond Home Entertainment, 2008 Australia, 94 minutes.
www.beingdad.com.au / www.beyondhomeentertainment.com.au

What kids really need from their dads, The Fathering Project, 2007, Perth, Australia, 21 minutes
www.thefatheringproject.org or www.bruceroobinson.com.au

Raising Children, Raising Children Network, 2007, Australia, 300 minutes
www.raisingchildren.net.au

Hello Dad: Infant Communication for Fathers, Good Beginnings Australia and the NSW Institute of Psychiatry, 2006, Australia www.nswiop.nsw.edu.au/pages/resources/hellodad.php

Ngala (Perth) has a range of DVD's on sleep and play for babies, toddlers, and children 0-5. www.ngala.com.au

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Downloadable Publications

Meerilinga has a range of free, downloadable information sheets for parents at our website:
www.meerilinga.org.au

These include:

1. Child development, play ideas, common childhood illnesses, ideas for keeping the relationship strong between father and child when dad works away, and others. After clicking on the Meerilinga website, click on 'Children & Parenting', then 'Dads in the Early Years', 'Information sheets'.
- 2) Healthy nutrition for infants and children. After clicking on the Meerilinga website, click on 'Health and Wellbeing', then 'Nutrition'.

Welcome to your new baby, WA Department of Health. 2009 version available online at: http://www.health.wa.gov.au/docreg/Education/Population/Child_Health/HP002850_welcome_your_new_baby.pdf

CD's

Fatherhood, various Australian musicians, compiled by Steve Davies and Colin George, 2004, Rawmix, NSW Australia.
www.fatherhood.com.au

<http://www.meerilinga.org.au/children-parenting/parenting-tips>

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