

# Understanding Tears and Tantrums

An interactive three week parenting group, looking at the causes of children's tantrums and off track behaviour in children 0-6 years. You will learn tools that will assist you to encourage children's positive behaviour and cooperation.

Course locations:

Email the SWMPS team at [SouthWestMetroParenting@meerilinga.org.au](mailto:SouthWestMetroParenting@meerilinga.org.au) to register your interest.

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